

Good & Ugly™

unsightly snacks for sharing

- All natural ingredients to fuel any adventure
- No Preservatives, no Gluten, no GMOs
- Hiking, biking—they're perfectly portable
- Bite sized and great for sharing
- Resealable bag—stays fresh up to 18 months



Good to go.
Wherever
you're headed.



info@goodanduglysnacks.com 231-947-2141

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Good and Ugly Snacks



Apple Almond

Item 906

\$3.50/unit

0 86101 02906 5

\$35.00/case

Nutrition Facts

About 6 servings per container

Serving size 40g (4 pieces)

Amount Per Serving

Calories 160

% Daily Value*

Total Fat 7g 9%

Saturated Fat 0.5g 3%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 12mg 1%

Total Carbohydrate 24g 9%

Dietary Fiber 4g 14%

Total Sugars 19g

Includes 0g Added Sugars 0%

Protein 4g

Vitamin D 0mcg 0%

Calcium 48mg 4%

Iron 2mg 10%

Potassium 304mg 6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Almonds, Dates, Apples, Raisins, Cinnamon, Rice Flour, Vanilla.

Nutty Cocoa

Item 907

\$3.50/unit

0 86101 02907 2

\$35.00/case

Nutrition Facts

About 6 servings per container

Serving size 40g (4 pieces)

Amount Per Serving

Calories 150

% Daily Value*

Total Fat 6g 8%

Saturated Fat 0.5g 3%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 2mg 0%

Total Carbohydrate 26g 9%

Dietary Fiber 3g 11%

Total Sugars 20g

Includes 0g Added Sugars 0%

Protein 3g

Vitamin D 0mcg 0%

Calcium 28mg 2%

Iron 1mg 6%

Potassium 336mg 8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Dates, Cashews, Almonds, Cocoa, Rice Flour.

Almond Berry

Item 908

\$3.50/unit

0 86101 02908 9

\$35.00/case

Nutrition Facts

About 6 servings per container

Serving size 40g (4 pieces)

Amount Per Serving

Calories 160

% Daily Value*

Total Fat 6g 8%

Saturated Fat 0.5g 3%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 2mg 0%

Total Carbohydrate 25g 9%

Dietary Fiber 3g 9%

Total Sugars 21g

Includes less than 1g Added Sugars 1%

Protein 3g

Vitamin D 0mcg 0%

Calcium 44mg 4%

Iron 1mg 4%

Potassium 292mg 6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Dates, Almonds, Raisins, Cranberries (cranberries, apple juice concentrate, sunflower oil), Mulberry Puree, Cherries, Rice Flour, Vanilla.

Chili Nutty Date

Item 909

\$3.50/unit

0 86101 02909 6

\$35.00/case

Nutrition Facts

About 6 servings per container

Serving size 40g (4 pieces)

Amount Per Serving

Calories 150

% Daily Value*

Total Fat 6g 7%

Saturated Fat 0.5g 3%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 2mg 0%

Total Carbohydrate 25g 9%

Dietary Fiber 3g 11%

Total Sugars 20g

Includes 0g Added Sugars 0%

Protein 3g

Vitamin D 1mcg 4%

Calcium 34mg 2%

Iron 1mg 6%

Potassium 304mg 6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Dates, Almonds, Cashews, Natural Lemon Juice, Rice Flour, Chili Powder.

Strawberry Pistachio

Item 919

\$4.75/unit

0 86101 02919 5

\$47.50/case

Nutrition Facts

About 6 servings per container

Serving size 40g (4 pieces)

Amount Per Serving

Calories 140

% Daily Value*

Total Fat 4g 5%

Saturated Fat 0.5g 3%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 2mg 0%

Total Carbohydrate 26g 9%

Dietary Fiber 4g 14%

Total Sugars 19g

Includes 1g Added Sugars 2%

Protein 2g

Vitamin D 0mcg 0%

Calcium 60mg 4%

Iron 1mg 6%

Potassium 388mg 8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Dates, Strawberries (strawberries, apple juice concentrate), Mangos, Pistachios, Chia Seeds, Ginger Powder, Rice Flour.

Very Berry Blast

Item 924

\$4.75/unit

0 86101 02924 9

\$47.50/case

Nutrition Facts

About 6 servings per container

Serving size 40g (4 pieces)

Amount Per Serving

Calories 150

% Daily Value*

Total Fat 4.5g 6%

Saturated Fat 0.5g 3%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 15mg 1%

Total Carbohydrate 26g 9%

Dietary Fiber 5g 18%

Total Sugars 20g

Includes 2g Added Sugars 4%

Protein 4g

Vitamin D 0mcg 0%

Calcium 64mg 4%

Iron 1mg 6%

Potassium 340mg 8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Cranberries (cranberries, apple juice concentrate, sunflower oil), Blueberries (blueberries, apple juice concentrate, sunflower oil), Almonds, Raisins, Goji Berries, Mulberry Puree, Dates, Pumpkin Seeds, Golden Berries, Chia Seeds, Rice Flour.

Shelf Life 18 months

Unit Size 8oz (227g)

Carton Measurements 8" x 15.5" x 4"

Carton Net Weight 5 lbs

Allergen Processed with equipment that is also used to process peanuts, tree nuts, sesame, milk, soybeans, and sulfur dioxide.

Pallet Info 150 cases/pallet (10 layer x 15 high). Mixed pallets available.

Pack Size Ten (10) 8oz units per carton. Product lies flat, 2 layers of 5 units.

Protective sheet on top (to avoid damage when cutting open carton).

Point of Purchase Cards Available

Minimum Order Quantity Pallet Quantities

(mixed pallets acceptable)

Delivered Pricing, Subject to Change

Suggested Retail Price \$4.99-\$7.49

